



Bethany
retirement living

CROSSROADS

Bethany Retirement Living Earns USNews Award

BETHANY ON 42ND and Bethany on University have been rated BEST NURSING HOME for 2020-21 by USNews in ratings recently released. Bethany's two campuses in Fargo are the only local facilities to receive the Best rating.

More than 15,000 nursing facilities across the country were rated by USNews. Nearly all nursing homes received one of five Overall ratings – High Performing, Better than Average, Average, Worse than Average, or Poor. The ratings are based on USNews' own in-depth analysis of data from the federal Centers for Medicare & Medicaid Services, including data not factored into CMS's star ratings. Facilities were scored for both short-term and long-term care stays.

For more information on the rating process, visit the USNews website at <http://health.usnews.com/best-nursing-homes>.

"This recognition of the outstanding care we provide our residents at Bethany helps us stay on-track as we continually strive to improve services for our residents," said Dawn Hummel, RN, Senior Executive of Resident Care at Bethany Retirement Living. "We are very proud to be recognized in this way as we endeavor to enrich the lives of those who call Bethany 'home.' Certainly this reflects on our quality nurses and caregivers, but it also includes dining services, housekeeping, chaplaincy, social services and countless others who affect our residents' lives daily."

Bethany Nursing Leaders Complete Training



Tiffeny Hestdalen Alyssa Blumler Kelli Seeger

THREE MEMBERS OF THE NURSING leadership team at Bethany Retirement Living have completed training and certification programs as Infection Preventionists. They are Tiffeny Hestdalen, Director of Nursing at Bethany on 42nd, Alyssa Blumler,

Director of Nursing at Bethany on University, and Kelli Seeger, Director of Quality and Education.

The programs they completed include the Nursing Home Infection Preventionist Training Course through the Centers for Disease Control, the CMS Targeted COVID-19 Training for Nursing Home Management through the Centers for Medicare and Medicaid Services, and the Infection Preventionist Basic Bootcamp for Long Term Care Facilities through Pathway Health Services.

Their expertise will enable Bethany Retirement Living to better identify pathogens and their spread, and develop procedures for the prevention, containment and treatment of infection.

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Sponsoring Congregations

Bethel Lutheran, Wahpeton
 Bethlehem Lutheran, Fargo
 Buffalo Lutheran, Buffalo
 Christine Lutheran, Christine
 Davenport Lutheran, Davenport
 Elim Lutheran, Fargo
 Emmanuel Lutheran, Abercrombie
 Faith Lutheran, Dwight
 Faith Lutheran, West Fargo
 First Lutheran, Fargo
 Galchutt Lutheran, Galchutt
 Herby Lutheran, Harwood
 Hickson Lutheran, Hickson
 Hope Lutheran, Fargo
 Horace Lutheran, Horace
 Kindred Lutheran, Kindred
 Lutheran Church of the Cross, West Fargo
 Maple Sheyenne Lutheran, Harwood
 Martin's Lutheran, Casselton
 Messiah Lutheran, Fargo
 Mooreton Lutheran, Mooreton
 New Hope Lutheran, Leonard
 Norman Lutheran, Kindred
 Olivet Lutheran, Fargo
 Our Savior Lutheran, Page
 Our Savior's Lutheran, Colfax
 Peace Lutheran, Fargo
 Pontoppidan Lutheran, Fargo
 Richland Lutheran, Walcott
 St. John Lutheran, Arthur
 St. John Lutheran, Embden
 St. John Lutheran, Fargo
 St. Mark's Lutheran, Fargo
 St. Paul's Lutheran, Tower City
 St. Peter Lutheran, Leonard
 Walcott Lutheran, Walcott
 Zion Lutheran, Harwood

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Mission Statement

To provide living opportunities in a senior community shaped by Christian values.

Values

BELIEVE: We believe in the power of the individual. Every resident is unique and special; every employee has the opportunity to make a difference. We believe in the power of faith.

ETHICS: Ethical behavior drives our daily decisions. We are open and honest with our residents, co-workers and the community.

TEAMWORK: We are a regional leader in long-term care because of the exceptional teamwork of our employees, working together to achieve our mission.

HOME: This is our residents' home. We will treat every resident with compassion, courtesy, dignity and respect. We provide excellent care for each based on his or her individual needs. Every decision puts the resident first.

ACCOUNTABILITY: We are accountable for our conduct and decisions.

NEW: We are consistently searching for new and innovative ways to meet the needs of our current and future residents.

YOU: You make a difference! Bethany is a community of individuals living and working together, enriching the lives of residents, employees, volunteers, visitors, and families.

Vision

Bethany's vision is to be the region's preeminent provider of senior living services.

About Bethany

Operation	Function	Established	# of Residents/Units
American Lutheran Homes			
Skilled I	Nursing Care	1979	65
	Transitional Care		31
Skilled II	Nursing Care	1968	76
Towers	Basic Care	1963	77
Towers	Assisted Living	1978	54
Bethany Personal Care Services		1986	
Bethany Foundation	Charitable Support	1986	
Bethany on 42nd			
Gables	Senior Apts & Assisted	2009	40
Skilled	Nursing Care	2009	116
Grace Pointe	Independent Housing	2016	58
Ethos Home Care	Home Health & Hospice	2015	

Bethany On-line

Information relating to all facets of Bethany's operations, as well as admission, employment and volunteer inquiries can be accessed 24 hours a day on-line at www.bethanynd.org.

Paper or...?

SOME OF BETHANY'S FRIENDS

enjoy receiving the Crossroads newsletter in print form (like this issue, for example.)

Increasingly, though, readers of the newsletter prefer to receive and read the newsletter on their computer, tablet or phone. It's convenient for the reader, they can take it with them should they want to refer to something and it can arrive more quickly.

From Bethany's perspective, sending the newsletter electronically saves printing and postage costs and can reach readers in a more timely fashion.

If you would prefer to receive the Crossroads newsletter by email rather than by mail, please contact Grant Richardson at Bethany (701.478.8910 or grichardson@bethanynd.org) to make the switch.



Chaplain's Corner

Dear Christian Friends,

Quite soon we will celebrate Thanksgiving and Christmas. Though it may be quite different this year due to the Coronavirus, these special times and holidays bring to mind and heart many things. Thanksgiving is a special time to raise thanks and praise to a generous and gracious God. Christmas becomes a time to again embrace in faith the Savior God sent to us in Bethlehem's stable.

These times also bring to mind those many special people who were a very important part of our lives, and who now, by the grace of God in the risen Christ, rest from their labors. If you are like me, you still miss these dear people, even if many years have passed since they graced our tables at Thanksgiving and Christmas and other special times.

Thanksgiving reminds us of our deep gratitude for these Saints in Christ and how they shaped and influenced our lives in countless ways. Christmas reminds us of the source of their eternal salvation, and our hope in Christ of the same.

As we give thanks for these special people and the precious memories we carry of them, and as we look to the Savior who carried them all of their days and who still carries us, consider this powerful reminder from Revelation 7. We miss them dearly. Yet, in Christ, the crucified and risen Good Shepherd, they are well:

"...they are before the throne of God, and worship him day and night within his temple, and the one seated on the throne will shelter them. They will hunger no more, and thirst no more; the sun will not strike them, nor any scorching heat; for the Lamb at the center of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes."

(Revelation 7:15-17)

We thank you for your continued support of all of us here at Bethany. God bless you at this special time of the year and every day.

In Christian Love, **Pastor Phil Larson**, Chaplain

<http://www.facebook.com/BethanyND>



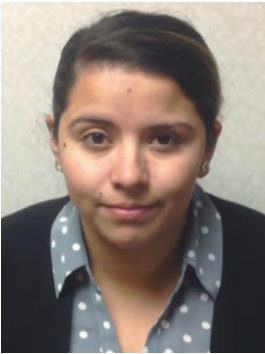
<https://twitter.com/BethanyND>



[bethany_nd on Instagram](#)



Bethany Awards 2020 Scholarships



Elizabeth Diaz



Makinzey Young



Kasey Livingston



Christopher Youngs



Wolali Adjokatcher

CATHERINE LARSON NURSING SCHOLARSHIP

Elizabeth Diaz and Makinzey Young have been named recipients of the Catherine Larson Endowed Nursing Scholarship at Bethany Retirement Living. Each will each receive \$500 to apply toward nursing education costs for the 2020-21 academic year.

Diaz is a graduate of Pelican Rapids (MN) High School. She is enrolled in the Licensed Practical Nurse program at Minnesota State Community and Technical College in Moorhead. She is a Certified Medication Aide/Resident Assistant at Bethany Gables.

Young is a graduate of Lisbon High School. She is enrolled in the Registered Nurse program at Rasmussen College. She is a Unit Manager at Bethany on 42nd.

Catherine Larson spent her life working with her husband on the family farm. She was a mother, crafter and nurse. A resident of Bethany Retirement Living, Catherine passed away in October, 2018.

A native of Dwight ND, Catherine Larson graduated from Wahpeton High School. She graduated from St. Luke's School of Nursing in Fargo and began her career as a Registered Nurse at St. Francis Hospital in Breckenridge MN. She worked primarily in medical-surgical nursing.

Catherine became a resident of Bethany Retirement Living in the summer of 2014. While living in both assisted living and skilled nursing at Bethany on 42nd, she was always encouraging her caregivers to continue their education.

In the interest of providing nursing education opportunities for the employees

of Bethany Retirement Living, the Catherine Larson Endowed Nursing Scholarship is made available through the generosity of Catherine's family. The Bethany Foundation will invest the funds in a diverse investment portfolio and will distribute only the earnings on the investment to support continuing education of employees of Bethany Retirement Living.

KIM MARCHELL SCHOLARSHIP

Kasey Livingston and Christopher Youngs have been named recipients of the Kim Marchell Endowed Scholarship at Bethany Retirement Living. Each will receive \$500 to apply toward nursing education for the 2020-21 academic year.

Livingston is a graduate of West Fargo High School and attended the North Dakota State College of Science. She is enrolled in the Registered Nurse program at Presentation College in Aberdeen SD. She is a Licensed Practical Nurse at Bethany Towers.

Youngs graduated from Moorhead High School. He is enrolled in the RN program at Minnesota State Community and Technical College. Youngs is a Certified Nursing Assistant/Certified Medication Aide at Bethany Gables.

Kim Marchell served as Quality Improvement Coordinator at Bethany Retirement Living for more than eleven years, beginning in 1993. Under her guidance, Bethany's emphasis on quality care was focused and directed to

help staff and the facility reach unprecedented levels of achievement. Kim passed away in August 2004. Through the scholarship in her name, Bethany Retirement Living provides financial support to qualified Bethany employees who are continuing their education in a nursing-related educational program. The Kim Marchell Endowed Scholarship Fund is made available through the generosity of Kim's family and other donors to Bethany Retirement Living.

LORRAINE KRENELKA NURSING SCHOLARSHIP

Wolali Adjokatcher, Elizabeth Diaz, Kasey Livingston and Makinzey Young have been named recipients of the Lorraine Krenelka Nursing Scholarship at Bethany Retirement Living. They will each receive \$1,000 to apply toward their nursing education costs for the 2020-21 academic year.

Adjokatcher attended Adisadel College in Ghana and Minnesota State Community and Technical

College. He is pursuing his Bachelor's degree in Nursing at Mayville State College. Adjokatcher is a Resource RN at Bethany Retirement Living.

Lorraine Krenelka graduated from the St. Luke's School of Nursing in Fargo before embarking on a nursing career that culminated in her service as a surgical nurse at St. John's Hospital in Fargo. Following retirement, Lorraine was a hospice nurse for ten years. Her family established the Lorraine Krenelka Nursing Scholarship in 2007 to provide nursing education opportunities for employees at Bethany Retirement Living.

In the interest of providing nursing education opportunities for the employees of Bethany Retirement Living, the Lorraine Krenelka Endowed Nursing Scholarship Fund is made available through the generosity of Lorraine's family. The scholarship is available to qualified Bethany Retirement Living employees who desire to expand and improve their skills in geriatric care.

CARING Catalog

GIVEN THE MONTHS-LONG restrictions due to COVID-19, imagine you FINALLY get to see your family, but you don't hear well or you've got some dementia that makes facemasks a real challenge to communication. What if you could safely visit with loved ones without masks so you can see their whole face, their expressions, and their emotions - and, they can see yours? Bethany Retirement Living hopes to purchase 18 portable acrylic barriers to allow residents and family members to safely visit - mask free. Custom-made for Bethany by Rough Rider Industries in Bismarck, the barriers will be on wheels so they can be moved to locations that are safe and convenient for residents and their visitors. It's not quite

a hug, but it makes a world of difference in the quality of the opportunity to see and visit with family members.

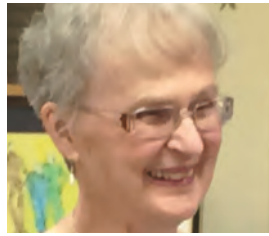
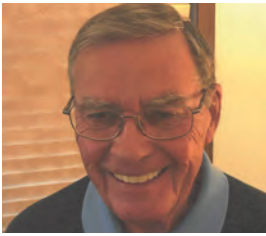
The Fargo-Moorhead Area Foundation (FMAF) will launch the 2020 Caring Catalog on November 24, giving donors the opportunity to support special projects at their favorite charity - like Bethany Retirement Living. Donors can log on to support this project until December 14.

The FM Area Caring Catalog is a crowdfunding site for nonprofits to list specific needs, projects and programs that need support. Donations are tax-deductible, and all credit card fees will be waived so 100% of your gift supports our project.

Simply log on to the FM Area Foundation website (www.areafoundation.org) between November 24 and December 14 to help with our project.



Bethany Celebrates Senior of the Year Award



Evert Van Engelenhoven

Donna Chalimonczyk

Yvonne Condell

Gary Clark

Lowell Bolger

THE ANNUAL SENIOR of the Year Award program was held virtually Thursday, September 24. The event is a program of Bethany Retirement Living.

The Senior of the Year Award program recognizes the contributions of seniors in our community. Through their professions and the time and resources they give back to the area, they have made this a great community in which to live.

Recipients include Evert Van Engelenhoven – Business Person; Donna Chalimonczyk – Community Involvement; Yvonne Condell – Education/Arts; Gary Clark – Faith; and Lowell Bolger – Health/Wellness.

Van Engelenhoven was involved in the insurance industry and has recently started a non-profit Furniture Mission of the Red River Valley to provide furnishings to those who have suffered a disaster. Chalimonczyk has been an advocate for women, served as a

legislator and is active in the arts community. Condell taught at Minnesota State University Moorhead and has participated in a number of local, national and international programs to advance science education.

Clark has impacted the lives of young people as an educator and through his work with his church and a Christian youth camp. Bolger coached and taught physical education in Moorhead and was instrumental in developing PE programs for special education students.

Other nominees include Gloria Adelman, Debra Ball-Kilbourne, Donald Birmingham, Paul “Otto” Ferrie, Charlotte Grant, Susan Johnson, Geraldine Juran, Thomas Kirchoffner, Frank Lenzmeier, Rod McLarnan, Marvin Nicklay, and Mary Sinner.

Proceeds from the event help support the mission of Bethany Retirement Living, to provide living opportunities in a senior community shaped by Christian values.



Designate Choice Dollars to Bethany

DURING THIS SPECIAL TIME of year, we pause to reflect on all that we have to be thankful for: family, friends, faith...

One way eligible Thrivent Financial members can show their thanks is by directing Choice Dollars to Bethany Retirement Living. Bethany Homes, Inc. (the official, legal name of Bethany’s foundation) is an eligible charity and it’s easy for you to designate Bethany as a recipient of the Choice Dollars funds provided to you by Thrivent.

Eligible Thrivent Financial members who have Choice Dollars available have until March 31 each year to direct any remaining Choice Dollars. You can help Bethany Retirement Living by going on-line to thrivent.com/thriventchoice

to learn more or call 800-847-4836 and say “Thrivent Choice” after the prompt.

Many friends of Bethany who are Thrivent Financial members have directed Choice Dollars to Bethany. Through their recommendations, they (maybe you) have helped make a difference in the lives of our residents. The outreach funding we’ve received from Thrivent Financial through this program is continuing our important mission “...to provide living opportunities in a senior community shaped by Christian values.” Thank you for your support.

We gratefully acknowledge the following gifts received between July 1, 2020 and October 31, 2020. Memorials of \$100 or more are listed in two places.

ANNUAL GIVING

\$2,500 or more

Nellie J. Svec Fund/ELCA
Sysco North Dakota, Inc.

\$1,000 to \$2,499

Hope Lutheran Church, Fargo
Howard Preckel Estate
Anne Yau

\$500 to \$999

Bremer Bank
Jane & Mark Kelly
Olivet Lutheran Church, Fargo
Shawn & Tanya Stuhaug

\$250 to \$499

Denise Larson
Grant & Michelle Richardson
Mohamed & Mamie Sheriff

\$100 to \$249

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Dr. & Mrs. Cal Fercho
James & Deborah Fulton
Hickson Lutheran Church, Hickson
Frederick & Donna Hudson
Jill Josepher
Lisa & Brad Kittelson
Philip & Melissa Larson
Bruce & Joyce Linnerud-Fowler
Valerie & Jerome Mogard
Gene Olson
Harley & Terri Sprenger
Richard & Linda Stenseth
Saerm Su

Other Annual Gifts

Amazon Smile
Paige Aniel
Kaye Angus
James & Melody Armstrong
Barakamfitye Asha
Leanne Beechie
Alyssa Blumler
Karla Brosowske
Vanessa Bryn
Buffalo Lutheran Church WELCA

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Annette Caldwell
Ginny & Grant Carpenter
Carpet World
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Patricia Johnson
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Sierra Schmitz
Kelli Seeger
Manda Steinhauer
Joy Streed
Maja Sunjic

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Roxanne Young
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Marty Penner
Geraldine Rau
Tracee Sanger
Marge Swanson
Becki Tollefson
Collette Vetsch
Julie Westrick
Michael & Susan Williams

Tribute Gifts

IN MEMORY OF...

Mary Andrews

- Dr. & Mrs. Cal Fercho

Delores Aune

- Albert & Diane Bartsch
- James & Deborah Fulton Family
- Denise Larson

James Beattie

- Helen Punton

Joan Blegen

- lone Lemke

Olga Cocking

- Cleo Reitan

Don DeJong

- Ronald & Carolyn Gadberry

Marion DeJong

- Ronald & Carolyn Gadberry

Laura Grieve

- Amy McLeod

Alden & June Hedstrom

- Jill Josepher

Harry Henry

- Anonymous

Larry Hudson

- Frederick & Donna Hudson

W. Thomas Joyce

- Pamela & Bud Corbin
- Barry & Kay Johnson

Margie Leier

- Gene Olson
- Harley & Terri Sprenger
- Richard & Linda Stenseth
- Paul & Elaine Tecpanecatli

Wanda Nielsen

- Margaret & Robert Klein

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- Marty Penner

Robert & Helen Peterson

- Mary Schmitz

Karen Schur

- Amy McLeod
- Helen Punton

Orlan Swanson

- Paul and Nany Olson

Mark Tindahl

- Phyllis Tindahl

Eldora Wieland

- Alon & Merle Wieland

Richard Zeidler

- Don Wold

IN HONOR OF...

Pam McGuire

- Anne Yau

Please Consider Bethany...

Your will (or living trust) indicates your intentions, then provides the power to accomplish them. This document remains the key element in most estate plans. Bethany Retirement Living depends greatly on outright gifts and

unconditional bequests so that it can faithfully serve our residents. An example of a charitable bequest favoring Bethany is as follows:

I give, devise and bequeath to Bethany Homes, Inc., a qualified 501(c)(3) non-profit corporation in Fargo, North Dakota, \$_____ (or ___% of my residuary estate) (or description of in-kind property) to be used by Bethany Retirement Living.



Bethany Retirement Living
201 South University Drive
Fargo, North Dakota 58103

701.239.3000
www.bethanynd.org

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Bethany To Participate In Giving Hearts Day

BETHANY RETIREMENT LIVING will be a participant in Giving Hearts Day on **Thursday, February 11, 2021**.

Giving Hearts Day is an innovative, online fundraising program made possible through a partnership between Impact Foundation, Dakota Medical Foundation (DMF), nonprofits such as Bethany that have been trained through the Impact Institute and other community donors.

On Giving Hearts Day, all donations of \$10 or more made to Bethany online at **www.givingheartsday.org** are matched by DMF and other community donors. This 24-hour fundraising event reinforces the Institute's High Impact Fundraising Training by giving nonprofits an opportunity to use the concepts they learned to raise awareness about their organizations, identify new donors, and secure more money for their missions.

This is the eighth year that Bethany has participated in Giving Hearts Day. With on-line gifts and matching funds, Bethany has received nearly \$100,000 in charitable support through Giving Hearts Day. More than 36 percent of GHD donors have been new donors.

Mark your calendar for **THURSDAY, FEBRUARY 11, 2021**. During that 24-hour period, log on to **www.givingheartsday.org** and make a gift to Bethany. Gifts of \$10 or more will be matched, multiplying the benefit to Bethany.

For more information, contact Grant Richardson, Senior Executive – Development & Community Relations, at 701.478.8910 or g Richardson@bethanynd.org.



Giving Hearts Day

Please write to us at our address if you wish to have your name removed from the list to receive fund-raising requests supporting Bethany Retirement Living in the future.

In the event that you contact us with this request, all reasonable efforts will be taken to ensure that you will not receive any fund-raising communications from us in the future.