



BethanyFriends

March/April 2010

...To provide living opportunities in a senior community shaped by Christian values

Welcome Spring! That is what we hope to say soon anyway! The winter seems like it has been a long one and we look forward to putting away those winter duds and getting out our Easter bonnets...and not the sandbags!

With Cabin Fever setting in, we look forward to the theme of "March is Greek to Us".

March is when we distribute our Auxiliary Gift Requests. Residents and staff will have a chance to submit all requests and then present them at the March 15th.

Don't forget to wear your green on St. Patrick's Day!

We will have an *eggstra* good time when the kids from Head Start come over the University Campus on the 24th to do an Easter Craft Day and, they might even be persuaded to sing for us!

April will be another busy month with a lot happening as we celebrate "Love in Bloom."

We will have our annual Good Friday service at 3:00pm on Friday April 2nd in the University Campus. Easter Sunday falls on the 4th of April and the Easter Service at the University Campus will be held at 10:15am and at 11:30am at the 42nd Street Campus.

Next, we will celebrate our many dedicated volunteers. National Volunteer Week is April 19th-25th. Did you know that there were over 14,975 volunteer hours logged and over 250 active volunteers at Bethany in 2009? We will be hosting a Volunteer Luncheon at 11:30am on April 22nd at the University Campus. Watch for invites! Join us to thank the great volunteers that help Bethany **BLOOM!**

We then will be joining the Fargo Senior Commission to celebrate the annual 90 Plus Birthday. Call the Fargo Senior Commission for details!

Continue to check the website for more upcoming events. You can also call either of us with any questions, ideas or inquiries.

Have a great spring and see you at all the happenings!

Maren Johnson,
Director of Community Life,
Bethany on University
(701) 239-3246

Emily Gunderson,
Director of Community Life,
Bethany on 42nd Street
(701) 478-8904

Volunteer Opportunities

University Campus

Office Assistant- weekdays

Coffee Shop 1-4 M-F, S & S

Gift Shop 9-1 M-F, 1-4 S & S

Bingo- MW & Sat, 5:30-7:15 p.m.

Beauty Shop Escort

Church Escort- Wed. am & Sun. pm

Both Campuses

Auxiliary Members

Entertainment Programs

Junior Volunteers-*Starting in June!*

42nd Street Campus

Diner Assistant

Administration Services Assistant

Church Escort

Mail Delivery

Activity Assistants

...and more!

Family & Friends...

The State Health Department has recently issued new guidelines regarding Infection Control (and Infection Prevention) that will impact all of our residents and families.

One recommendation is that all residents have their own individual electric razor. The reasoning for this is to prevent the risk of potential cross contamination when residents are sharing a common electric razor. We strongly urge each resident's family to provide an electric razor to be used specifically by your family member.

You can also do your part to help prevent the spread of infection by practicing good hand hygiene. Hand sanitizers are available to all visitors at the reception desks and in all elevators.

Thank you for your help and cooperation in keeping our residents – your family members – safe from infections.

Hand Hygiene

Hand hygiene continues to be the primary means of preventing transmission of infection. The following is a list of some situations that require hand hygiene:

- When coming on duty;
- When hands are visibly soiled (hand washing with soap and water); Before and after direct resident contact (for which hand hygiene is indicated by acceptable professional practice);
- Before and after entering isolation precaution settings (hand washing with soap and water);
- Before and after eating or handling food (hand washing with soap and water);
- Before and after assisting a resident with meals;
- After personal use of the toilet (hand washing with soap and water);
- After blowing or wiping nose;
- After handling soiled or used linens.
- After handling soiled equipment or utensils;
- After performing your personal hygiene (hand washing with soap and water);
- After removing gloves or aprons; and
- After completing duty.

Welcome New Volunteers!

We are delighted to have you as a volunteer at Bethany Homes. The volunteer is a key person in helping us provide the quality of care for the residents, There is no end to the variety of services that volunteers can offer to help improve the residents' quality of care and life. The giving of your time, talents, and skills will bring much satisfaction and many rewarding experience!

Benard Benson

Barbara Ferguson

Gary Gran

Lisa Kieffer

Robbie Martin

Guy McLaren

Patsy and Richard Schneider

Tiffanie Schroeder

Naomi Zettel

Auxiliary News

The next Auxiliary meeting will be held at **1:30 p.m. on Monday, March 15th** in the Chapel. The March host is **Hickson Lutheran**. We will be awarding the 2009 Gift Requests!

March 5th Birthday Party– host is Hope Lutheran

March 19th Bingo Party– **host church needed**

April 9th Birthday Party– **host church needed**

April 16th Bingo Party– **host church needed**

May 10th Meeting (early)- Bethlehem Lutheran @ 42nd Street!!

May 17th– Syttende Mai

May 14th Birthday Party– Elim Lutheran

May 21st Bingo Party– Hope Lutheran

Formed in 1964, the Bethany Homes Auxiliary assists the Volunteer Department with leisure time activities and special events. They also coordinate numerous fundraisers, such as the Coffee Shop, Gift Shop, Carnival, Food Fest and Silent Auction, Ice Cream Socials, Strawberry Fest and the Tree of Honor. All proceeds benefit the residents of Bethany Retirement Living.

“Volunteers Keep Us Blooming!”

Bethany will be recognizing our wonderful
volunteers at the Volunteer Luncheon
11:30am on
Tuesday, April 22nd, 2010
in the University Resident Center.

Please R.S.V.P to 239-3000,239-3246 or mjohnson@bethanynd.org

National Volunteer Week began in 1974 when President Richard Nixon signed an executive order establishing the week as an annual celebration of volunteering. Since then, every U.S. President has signed a proclamation promoting National Volunteer Week. Additionally, governors, mayors and other elected officials make public statements and sign proclamations in support of National Volunteer Week. During Volunteer Week, organizations of all types host awards ceremonies recognizing millions of our nation's volunteers for their outstanding contributions to their communities over the past year.



Supply Wish List

University

New or gently used board games- Scrabble, Yahtzee, Sorry, Scattergories, Apples to Apples, etc

Bingo supplies- dimes, jewelry, stamps, stationary, small trinkets, individual potato chip bags, candy bars

Large print word search books

Jigsaw puzzles, 25-100 piece puzzles

DVD (prefer G, PG or PG13 rated)

42nd Street

New or gently used board games- Scrabble, Yahtzee, Sorry, Scattergories, etc

Bingo supplies- dimes, jewelry, stamps stationary, small trinkets, individual chip bags, candy

Large print word search books

Jigsaw puzzles, 25-100 piece puzzles

Blue Ray DVD's (G, PG or PG13 rated)

Magazines

Large print books

Holiday Decorations

Nintendo Wiis and games

Digital cameras

Baking supplies

Hand-held games

Craft supplies

Devotional books

Coffee table books

Thank you for considering your in-kind gift donation to us!

Please contact

Emily Gunderson at (701) 478-8904 or

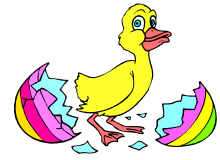
Maren Johnson at (701) 239-3246

With any questions.



Bethany Retirement Living

March/April Events



March

8th- Soft Serve-University
13th-Open House-42nd St
11th- Bingo Party- University
19th-Bingo Party

April

2nd-Good Friday Service-University
12th-Soft Serve-University
13th-Annual Meeting-42nd Street
16th-Bingo Party-University
22nd-Volunteer Luncheon-University
27th-90 Plus Birthday Party-University

To:

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